



COLON CANCER SCREENING GUIDE

ARE YOU 50 OR OLDER?

YES

NO

ARE YOU AN AFRICAN-AMERICAN OR OTHER MINORITY?

NO

HAVE YOU BEEN SCREENED FOR COLON CANCER?

Doctors recommend that people with normal risk factors start screening at age 50.

NO

Many minorities are at greater risk of colon cancer, and should begin screening at age 45.

YES

NO

DO YOU KNOW YOUR SCREENING OPTIONS?

YES

Are you 45?

DO YOU HAVE A FAMILY HISTORY OF COLON CANCER?
Having a first degree relative can increase your risk of colon cancer.

Having a first degree relative can increase your risk of colon cancer.

YES

NO

YES

NO

YES

Great job at looking out for your health!
NOW TELL OTHERS TO GET SCREENED.

THE SIGNS AND SYMPTOMS OF COLORECTAL CANCER INCLUDE:

- Change in bowel habits
- Blood in your stool
- Rectal bleeding
- Abdominal pain
- Fatigue
- Unexplained weight loss

COLORECTAL CANCER IS ON THE RISE IN PEOPLE UNDER THE AGE OF 50.

Knowing the signs and symptoms of CRC can help you advocate for your own health.

SCREENING OPTIONS INCLUDE:

- Colonoscopy
- Take home screening
- Virtual Colonoscopy

Talk to your doctor about on time colon cancer screening. The best test is the one that gets done.



Go to ColonCancerCoalition.org/GetScreened for more information about colorectal cancer, screening information, and to find a provider in your area.