COLON CANCER: Age is not a factor.

1 IN 5
COLON CANCER PATIENTS ARE DIAGNOSED UNDER 54.

JENNA DETKO
colon cancer survivor
Diagnosed at 31
Know your risk factors. A family history of colon cancer or polyps and some medical conditions including Crohn’s, colitis, or inflammatory bowel disease means you should be screened before 45.

Be an advocate for your health. Pay attention to changes in your body and any symptoms you experience. Talk to your doctor. Seek a second opinion if needed.

Colorectal cancer symptoms include:
- Blood in your stool
- Change in bathroom habits
- Fatigue
- Anemia
- Unexplained weight loss
- Persistent cramps or low back pain
- Feeling bloated


ColonCancerCoalition.org