"Dealing with a colonoscopy is easier than dealing with cancer."

Anna Dahlgren
colorectal cancer survivor
diagnosed at age 33
Early diagnosis is the key to surviving colon cancer.

Get screened for colon cancer if you are 45 and older, or:

- Are experiencing symptoms
- Have chronic gastrointestinal issues
- Have a family history of polyps, colon cancer, or a genetic condition, like Lynch syndrome

There are several ways to screen for colon cancer. Talk to your doctor to find the best test for you.

- Colonoscopy
- Virtual colonoscopy
- Sigmoidoscopy
- Take home stool testing (DNA, FOBT, FIT)

Signs and Symptoms:

- Blood in your stool
- Change in bathroom habits
- Fatigue
- Anemia
- Unexplained weight loss
- Persistent cramps or low back pain
- Feeling bloated

Find out more at: ColonCancerCoalition.org