ARE YOU 45 OR OLDER?

NO

HAVE YOU BEEN SCREENED FOR COLON CANCER?

YES NO

DO YOU KNOW YOUR SCREENING OPTIONS?

NO

SCREENING OPTIONS INCLUDE:
- Colonoscopy
- Take home screening
- Virtual colonoscopy

YES

Learn the signs and symptoms and understand your family history.

Talk to your doctor about the best on-time colon cancer screening test for you.

Great job at looking out for your health!
NOW TELL OTHERS TO GET SCREENED.
SCREENING OPTIONS
Talk to your doctor about the best test for you.

At-home stool-based tests
These tests look for blood and/or abnormal cells in your stool. Testing kits are mailed back or returned to your health care provider. If blood or abnormalities are found, a colonoscopy is needed.

- Fecal Immunochemical Test (FIT): every year
- High Sensitivity Fecal Occult Blood Test (FOBT): every year
- mt-sDNA stool test: every 3 years

Visual screenings
At a medical center your doctor will look at your colon and rectum for polyps or evidence of cancer. Colonoscopies can also prevent cancer by removing polyps when they are found. These exams require a full colon cleansing (prep) on the day before the test.

- Colonoscopy: Every 10 years with normal results*
- Virtual colonoscopy: Every 5 years*

*Your doctor may recommend different timing for visual screening based on your health history and previous results.

Symptoms include:
Blood in your stool
Unexplained weight loss
Change in bathroom habits
Persistent cramps
Low back pain
Fatigue
Feeling bloated
Anemia

ColonCancerCoalition.org/GetScreened