

# Early diagnosis is key to surviving colon cancer.



Greg, stage II, 3+ year survivor  
Anna, stage I, 5+ year survivor

## SCREENING BEGINS AT 45

**Get screened for colon cancer if you are 45 and older, or if you are younger and:**

- Are experiencing symptoms
- Have chronic gastrointestinal issues, Crohns + IBD
- Have a family history of polyps, colon cancer, or a genetic condition, like Lynch syndrome

**There are several ways to screen for colon cancer. Talk to your doctor about when to start screening and find the best test for you.**

- Colonoscopy
- Virtual colonoscopy
- Sigmoidoscopy
- Take home stool testing (DNA, FOBT, FIT)
- Blood test

**Colorectal cancer survival rate is over 90% when diagnosed in early stages.**

Barbara, stage I,  
10+ year survivor



### SIGNS AND SYMPTOMS:

- Blood in your stool
- Change in bathroom habits
- Fatigue
- Anemia
- Unexplained weight loss
- Persistent cramps or low back pain
- Feeling bloated
- No symptoms