

LYNCH SYNDROME

Cudur hiddaha ah oo khatar weyn dadka u geliya ku dhicida kansarka mindhicirka iyo kansaro kale.

Ogaanshaha taariikhda cudurada ee qoyskaaga ku dhacaa waa talaabadda koowaad ee ka hortagida iyo ka kicida kansarka.

1 KA MID AH **279**

qof ee Mareykan ah ayaa qaba cudurka Lynch

95% MABA OGA



WAA MAXAY CUDURKA LYNCH SYNDROME?

Cudurka Lynch waa cudur hiddo ah oo kordhiya khatarta uu qof u noqon karo qaar ka mdi ah kansarka. Dad badani oo leh fir-gudoonka Lynch waxaa ku dhaca kansaro la xiriira iyagoo wali aad u da' yar, aadna ugu yar da' ahaan dadka intiisa kale ee cudurku ku dhaco. Baaritaanka kansarku waa inay horey ugu sii bilaabantaa dadka la og yahay inay qabaan fir-gudoonka Lynch.

Cudurka Lynch waa midka inta ugu badan la kala dhaxdo ee keena kansarka mindhicirka-malawadka (80% ayuu qofku khatar ugu jiri kari karaa cimrigooda) iyo kansarka hareeraha makaanka (60% ayey dumarku khatar ugu jiri kari karaa cimrigooda)

Kansarada la xiriira Lynch waxaa ku jira:

- Kansarka mindhicirka-malawadka
- Kansarka caloosha
- kansarka marinka beerka/beer ku taalada)
- Kansarka kaadi mareenka (bartanka kalida, makaanka, kaadi-haysta)
- Kansarka mindhicirka yar (xiidmaha)
- Kansarka ganaca
- Buro ka soo baxda maskaxda ama habka dareenka ee dhexe
- kansarka hareeraha makaanka (haweenka)
- Kansarka minka (haweenka)

Si aad wax uga ogaato arrintan booqo shabakada [AliveAndKickn.org](https://www.aliveandkickn.org), ama kala tasho la taliye dhanka hiddaha ah taariikhda cudur ee qoyskaaga si aad u qiimeyso khatartaada.

Ururka Isbahaysiga ee Kansarka Mindhicirka (Colon Cancer Coalition) waxa uu heshiis iskaashi la galay [AliveAndKickn](https://www.aliveandkickn.org), oo ah hay'ad qaabilsan kansarka la iska dhaxlo si ay u caawiso bayaaminta ku saabsan wacyi-gelinta umadda ee kansarka mindhicirka iyo malawadka iyo aafada Lynch.

Si aad u daawato sheekooyin ay soo bandhigayaan bukaano ka hadlaya aafada Lynch iyo horey uga badbaadayaan, booqo shabakada [LivingWithLynch.org](https://www.livingwithlynch.org).



[ColonCancerCoalition.org](https://www.ColonCancerCoalition.org)



[AliveAndKickn.org](https://www.AliveAndKickn.org)