

**Early diagnosis
is key to
surviving
colon
cancer.**



Greg, stage II, 3+ year survivor
Anna, stage I, 5+ year survivor

SCREENING BEGINS AT 45

Get screened for colon cancer if you are 45 and older, or if you are younger and:

- Are experiencing symptoms
- Have chronic gastrointestinal issues, Crohns + IBD
- Have a family history of polyps, colon cancer, or a genetic condition, like Lynch syndrome

There are several ways to screen for colon cancer. Talk to your doctor about when to start screening and find the best test for you.

- Colonoscopy
- Virtual colonoscopy
- Sigmoidoscopy
- Take home stool testing (DNA, FOBT, FIT)
- Blood test

Colorectal cancer survival rate is over 90% when diagnosed in early stages.

Barbara, stage I,
10+ year survivor



SIGNS AND SYMPTOMS:

- Blood in your stool
- Change in bathroom habits
- Fatigue
- Anemia
- Unexplained weight loss
- Persistent cramps or low back pain
- Feeling bloated
- No symptoms