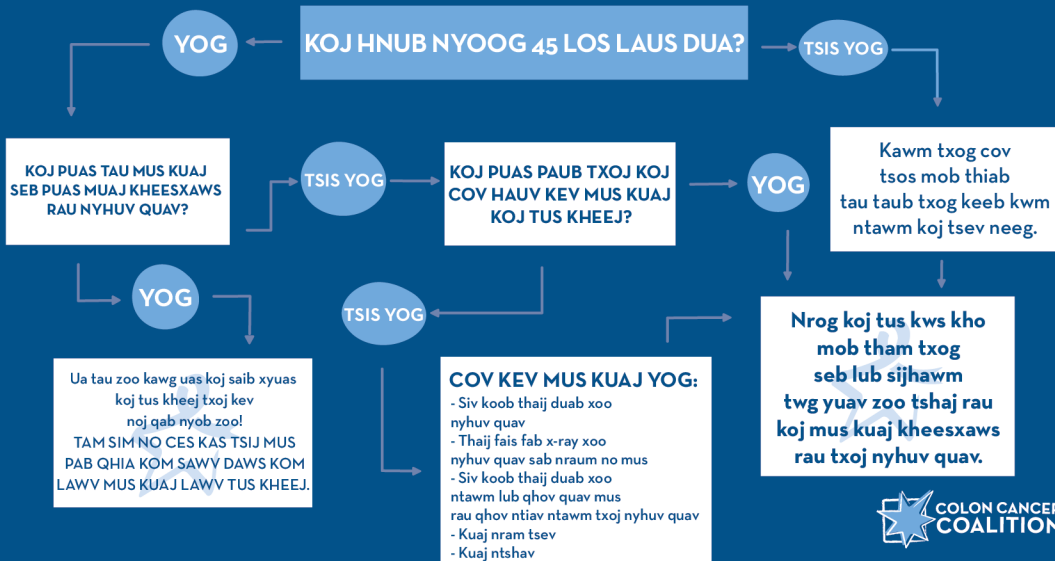


QHIA MUS KUAJ KHEESXAWS RAU NYHUV QUAV



COV KEV UAS YUAV MUS KUAJ

Nrog koj tus kws kho mob tham seb yuav kuaj li cas thiaj li yuav zoo tshaj rau koj.

Nram ib lub tsev kho mob

Cov kev uas kuaj no mas yuav tsum mus cuag ib tug kws kho mob.

•Siv koob thiaj duab xoo nyhuv quav: 10 xyoo twg ib zaug yog hais tias tsis muaj dab tsi*

•Siv koob thiaj duab xoo ntawm lub qhov quav mus rau qhov ntiav ntawm txoj nyhuv quav: 5 xyoo twg ib zaug**

•Thiaj fais fab x-ray xoo nyhuv quav sab nraum no mus: 5 xyoo twg ib zaug*

Koj tus kws kho mob yuav saib koj txoj nyhuv quav thiab qhov quav seb puas muaj cov pob qhog los sis puavpheej tias yog kheesxaws. Siv koob thiaj duab mus xoo nyhuv quav yog qhov uas kuaj tau zoo tshaj plaws li lawm vim hais tias nws los mus nres tau tus kab mob kheesxaws no thaum txog rau hauv lawm yog pom cov pob qhog ces muab tshem tau tawm lub sijhawm ntawv. Ua ntej yuav mus kuaj tau li no yuav tsum yaug tag nhro cov plab nyhuv (npaj ua ntej) in hnuv ua ntej yuav mus kuaj.

•Kuj ntshav

Yog hais tias koj mus tsis tau los sis tsis kam kuaj quav los sis mus siv koob thiaj duab xoo nyhuv quav, koj mus kuaj tau ntshav ntawm koj tus kws kho mob. Nug txog seb puas muaj thiab nrog koj lub tuam txhab them nqi kho mob tham seb lawv them cov nqi twg xwb.

Kuaj nram tsev

Cov kuaj no tshawb seb puas pom ntshav thiab/los sis puas pom tej yam txawv hauv koj cov quav. Kuaj tas ces xa hauv pais xab nis rov qab los sis nqa mus rau koj tus kws kho mob. Yog hais tias pom ntshav los sis pom tej yam txawv, ces yuav tsum mus xoo nyhuv quav nrog lub koob thiaj duab.

•Kuj quav (Fecal Immunochemical Test (FIT)): Txhua xyoo

•Kuj quav seb puas muaj ntshav (High Sensitivity Fecal Occult Blood Test (FOBT)): Txhua xyoo

•Kuj cov DNA hauv koj cov quav: 3 lub xyoo twg ib zaug

Nrog rau txoj kev uas yus mus kuaj yus tus kheej seb puas muaj mob nco tsoov nrog koj tus kws kho mob tham txog tej tsos mob uas tshwm sim rau koj.

**Tej zaum koj tus kws kho mob yuav hloov lub caij nyoog txawv rau koj mus kuaj nyob ntawm koj qhov keeb kwm mob nkeeg thiab koj cov kev kuaj tshawb pom yav nram ntej.*

+Yog hais tias thaum siv koob thiaj duab mus xoo nyhuv quav es pom ib lub pob qhog los sis nqaj txawv ces yuav tsum xoo tag nhro txoj nyhuv quav.